



ST JOHN OF GOD
Subiaco Hospital

What to bring to hospital

Storage is limited, please pack the following items in **two small separate** bags. Please do not bring bags into the hospital prior to elective caesarean.

Bag 1: For Birth Suite

- Basic personal care items
- Favourite music and earphones
- Slippers or similar and nightwear for after birth
- Antenatal card from doctor's appointments
- One grow suit and hat/beanie for your baby
- Mobile phone or camera (and charger)

Bag 2: For Postnatal Ward

Please leave your overnight bag in the car and ask your partner to collect it once your postnatal room is allocated.

Please keep your clothes and belongings separate from the hospital linen.

Mum

- Nightie/pyjamas and casual comfortable clothes
- Breast pads (regular size)
- Emery board for sharp nails (including baby's)
- Phone charger, pen, notepad etc

Maternity pads are provided, however you are welcome to bring your own

Baby (clothes for baby to wear in hospital)

- Five baby grow suits (all in one with feet)
- Singlets
- Hat/beanies
- Comb/brush
- Large wrap or swaddle

The hospital provides nappies, baby wipes and baby blankets